

Tina Hope-Darby

Tina is considered by many to be one of the UK's leading psychic consultants and has a remarkable knowledge and understanding of the many spheres which we simultaneously occupy



I felt compelled to write this article as I strongly believe that the planet and mankind, which is really one and the same thing, is in a state of crisis and there is an urgent need for a change of consciousness if we are to minimise the impact of our thoughts and deeds on this wonderful planet and in turn the resulting impact on us.

I'm not quite sure how to get started with this so bear with me!

As a naturally open psychic from birth, I have always been aware of the presence of spirits and the impact that they have on all of us during the course of events varying from the mundane to those that have a global impact.

I have seen people that have what appear to be 'nice' spirits around them that have varied from pleasant looking to positively vibrant and angelic; sometimes they are close to the person and other times they are so close that they are almost a part of them and conversely I have seen people with 'unpleasant' spirits around them that have varied from simply mean looking to dark and demonic, barely resembling human form who again have either been close or almost a part of that person.

It wasn't until I became a little older that I consciously realised that the demeanour of the person would be directly affected by the nature of the spirit that was around it and how their demeanour would change when the entity moved away albeit temporarily or permanently.

When close to these people I would sometimes notice that their eye's changed when the spirits were around them, the eye's of the people with the nice spirits around them would enlarge, brighten and shine, whereas the people with the nasty spirits around them would often appear hooded and the pupils would become black and menacing.

People with prolonged exposure to the good guys appeared positive, dynamic, enthusiastic, wholesome & healthy, compassionate, expansive and generally good to be around; conversely, those exposed to the bad guys tended to have leanings towards aggression, violence, anger, isolation, constrictive in nature and would often turn to drug and alcohol abuse and were not nice people to be around.



In many cases neither party had any obvious awareness of the entities that were around them and the level of influence that was being exerted over them.

I was also becoming aware that the people over-shadowed by the dark spirits rarely if ever mixed with the people over-illuminated by the light spirits, there was a natural separation occurring.

I have witnessed alcoholics ranting at dark entities that are around them and have seen the black eyes that I have come to associate with the overshadowing dark entities.



.....Many years ago my husband took part in the exorcism of a young lad who had become possessed and his eyes had turned jet black immediately that the ritual had started.

.....During the course of the exorcism an event took place in which one of the participants was lucky to escape with his life.

As a result of past life activities, I had been subjected to the influence of a very dark and disruptive entity that had a detrimental impact on almost every area of my life and who went completely undetected until a few years ago. It took around 4-years to completely remove the entity and all traces of it.

Having directly experienced the remarkable level of control and manipulation that this entity was capable of exerting on personal, business and social relationships from behind the scenes and how far reaching his influence could be and how complex his plots to create discord, disruption, separation and isolation from my fellow man were, I began to wonder how many other events, possibly even on a global scale could be unknowingly influenced by such entities.

There are knowledgeable people who claim that satanic rituals are on the increase, the purpose of the higher level rituals being to raise energy for the lower entities to enable them to gain easier access to this plane in return for global power and wealth for the participants.

When you take a look at the news, there are few places that are free from so-called terrorist attacks, war, the threat of terror, control by a corrupt scheme or subjected to a bombardment of information designed to separate and isolate one sector of mankind from another, in other words most of the planet is kept in a state of suspended fear of possible atrocities and the more we subscribe to these situations, the more energy we are giving them and the closer they become to manifesting.

There are Orwellian measures being applied on a daily basis to control the masses and further add to the overall climate of fear; there is a media storm of events designed to create fear, unrest and separation on a daily basis.

In short we are all becoming caught up in a vicious downhill spiral.

To my mind, global wars and atrocities can only be influenced by the very powerful lower entities overshadowing the key players and those below them who carry out such deeds.

Bad deeds cannot bring about good outcomes; they simply perpetuate more bad deeds and bad outcomes. Throughout all of this, something that I always struggled to understand was the fact that so many people involved in mediumistic activities and the promotion of spiritual understanding, state very clearly that there are no such things as bad spirits and demons and the like do not exist.

Following on from the principal that the eyes show what's around a person, have you looked into the eyes of some of the war mongers or those closely following the party line? They can be quite alarming!

By getting caught-up emotionally in such events, we are simply adding energy to the situation and as with everything, the more energy it has the stronger it becomes.

It is very easy to feel anger towards an injustice of any nature or even hatred to the perpetrators and the key players behind the injustice, with an accompanying desire to inflict the same level of injustice on them, but this will not help in any way shape or form.

...It is important to remember that we are all one energy field, operating at tiny variations of the same frequency, therefore to some degree all of us are responsible for everyone else and what we have allowed them to do.....



Mother Earth is evolving at a rapid rate and if we are to move with her then we need to evolve just as rapidly and the first step has to be to unsubscribe to the events that are causing the vicious downhill spiral.



There is no sense in further adding to the burdens of those behind the Global atrocities as they already have enough of a burden being overshadowed by dark entities that are manipulating them from behind the scenes; what they need more than anything is love and enlightenment.

I believe a way to help turn the tide is to unsubscribe to the fear, helplessness and anger based reaction to local and global events, is to first realise that as part of the one energy field, each of our actions can and will impact on the whole, so we are neither ineffective nor helpless.

By recognising that the lower entities do exist and must exist, based on nothing more than the principles of positive and negative, yin and yang etc, there has to be the opposite negative force to the positive God like and Angelic forces.

The dark forces can only overwhelm mankind if we continue to subscribe to the overwhelming media message that is trying to separate the energy field into sections that either hate or fear the other section i.e. the other colour, creed, religion and as crazy and unbelievable as it might seem, those who voted to leave and those who voted to stay in Europe.

They work on the principle of 'divide and conquer'; as a unified energy field we are untouchable and truly free.

By increasingly working together as one unified energy field, with a common theme of peace, harmony and forgiveness etc, the planetary vibration can and will change rapidly and mankind will heal and expand vibrationally, more in line with the rapidly expanding vibration of this glorious planet.

Self improvement, spiritual enlightenment and meditation to raise your vibration is good and necessary, but I believe that in this present moment it is imperative that we use these skills to send out healing to raise the vibration of mankind and the planet, as it is no longer enough to just elevate and heal ourselves.

A wonderful and powerful starting point is through the words, vibration and intention behind PEACE, HARMONY, LAUGHTER, LOVE, ENLIGHTENMENT and HEALING.

Gently and slowly repeat them in your mind like a mantra and become aware of the expansive and calming effective they have on your body.

Once you are full of this vibration, send it out like a beam of light or energy from your heart chakra to the destination where it is required i.e. the planet, mankind, a war torn region, a key player in global atrocities etc.



If you are reading a newspaper or watching the news and see an event that fills you with a strong emotional response,

...immediately use that emotion to generate the intention and vibration of PEACE, HARMONY, LAUGHTER, LOVE, ENLIGHTENMENT and HEALING and whilst emotionally charged channel the vibration into both the perpetrator and the recipients as a dynamic prayer.

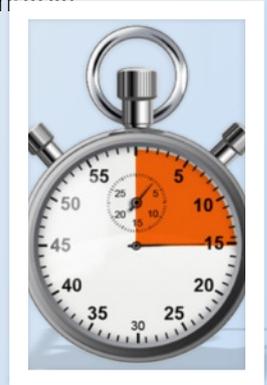
Get into a habit of generating this intention or vibration as often as you can and apply it to anyone or any situation.

An ideal scenario, would be for arguments sake, if of the readers of this article were to agree to spend around fifteen minutes per day at a predetermined time all meditating on this theme and channelling the collective energy to a predetermined destination or situation, the results would be disproportionately more effective than the results achieved by one or two people doing the same.

The group could then be expanded via the social media to a point where the 'volume' of the vibration becomes a massive positive force for the enlightenment of mankind.

I do hope that wasn't too heavy.

Love and light,
Tina & Paul Hope-Darby.



Tina has been a clairvoyant from birth and before becoming a psychic and presenter on Sky TV, she ran her own psychic consultancy for more than twenty years.

Tina has just released an autobiography entitled 'The Unseen Enemy' that recounts a lifetime's involvement with the psychic world.

If you would like to find out more, visit: www.theunseenenemy.co.uk

